Neha Joshi

Clinical Dietitian

neha.joshi@example.com
+91 99XXX XXX67
Ahmedabad, Gujarat
linkedin.com/in/neha-joshi-example

Personal statement

Clinical dietitian with 6 years of experience in a tertiary-care hospital and a diabetes clinic. Plans therapeutic and enteral diets for ICU, renal, cardiac and oncology patients, counsels 20+ patients a day and works closely with the kitchen team on safe, timely meal delivery. Registered Dietitian (IDA).

Certifications

Registered Dietitian (RD) · Indian Dietetic Association — Dec 2021

Certified Diabetes Educator course · Professional diabetes education programme — May 2021

Work experience

Senior Clinical Dietitian · Sabarmati Superspeciality Hospital, Ahmedabad — Apr 2022 – Present

- Screen all new admissions within 24 hours for malnutrition risk and complete detailed assessments for 30–35 high-risk patients a day.
- Plan enteral and parenteral-support diets for a 30-bed ICU with intensivists; protein targets met in 82% of ventilated patients, up from 61%.
- Counsel renal, cardiac and diabetic patients at discharge and run monthly group sessions with 40+ attendees.
- Worked with the kitchen to standardise 14 therapeutic diet codes, cutting diet errors at tray delivery by half.

Dietitian · Narmada Diabetes and Endocrine Clinic, Vadodara — Jun 2020 – Mar 2022

- Counselled 15–20 patients a day with type 2 diabetes, PCOS, thyroid disorders and obesity.
- Designed carbohydrate-counting meal plans using regional Gujarati foods; 3-month HbA1c fell by an average of 0.9% in a 120-patient cohort.
- Created bilingual patient handouts and a WhatsApp follow-up routine that raised review visit attendance to 74%.

Education

M.Sc in Foods and Nutrition (Clinical Nutrition and Dietetics) · Faculty of Family and Community Sciences (university), Vadodara — 2018 – 2020
Grade: 7.8 CGPA

B.Sc in Food and Nutrition · Home Science College, Ahmedabad — 2015 – 2018
Grade: 74%

Skills

- ✓ Clinical nutrition assessment
- ✓ Therapeutic diet planning
- ✓ Enteral nutrition
- ✓ Diabetes and carbohydrate counting
- ✓ Renal and cardiac diets
- ✓ Nutrition screening (SGA, NRS-2002)
- ✓ Diet counselling
- ✓ Food service coordination

Languages

English · Professional | Gujarati · Native | Hindi · Fluent

Core skills

- Patient counselling
- Multidisciplinary teamwork
- Behaviour change support
- Clinical documentation
- Patient education materials

MakePerfectResume · Free