Sukanya Das

Medical Lab Technician

sukanya.das@example.com
+91 70XXX XXX84
Kolkata, West Bengal

Personal statement

Medical laboratory technician with 3 years of experience in an NABL-accredited diagnostic lab handling biochemistry, haematology and serology. Skilled in phlebotomy, analyser operation and maintenance, daily internal QC with Westgard rules and LIS reporting, with a strong record on turnaround time and sample traceability.

Certifications

Awareness training on ISO 15189 and NABL requirements · Laboratory quality training programme — Mar 2024

Basic Life Support (BLS) · Hospital training centre — Nov 2024

Work experience

Lab Technician, Biochemistry and Haematology · Ganga Diagnostics and Research Centre, Kolkata — Sep 2023 – Present

- Process 450–500 samples a day on fully automated biochemistry and 5-part haematology analysers in an NABL (ISO 15189) lab.
- Run two-level internal QC every shift, plot Levey-Jennings charts and apply Westgard rules before releasing patient results.
- Helped improve routine report turnaround from 6 hours to under 4 hours by reorganising sample batching and centrifuge loading.
- Perform daily, weekly and monthly analyser maintenance and record calibration, reagent lot and temperature logs for audits.

Junior Lab Technician · Howrah Nursing Home and Polyclinic, Howrah — Aug 2022 – Aug 2023

- Collected 60+ blood samples a day from OPD and ward patients, including paediatric and difficult venepunctures.
- Performed manual tests such as ESR, blood grouping, peripheral smear staining, urine routine and rapid serology kits.
- Followed biomedical waste segregation and spill-management protocols with no incidents reported.

MakePerfectResume · Free

Education

BMLT in Medical Laboratory Technology · Paramedical college affiliated to WB State Medical Faculty, Kolkata — 2019 – 2022
Grade: 76%

Skills

- ✓ Phlebotomy
- ✓ Biochemistry analysers
- ✓ Haematology cell counters
- ✓ Serology and rapid tests
- ✓ Internal QC (Westgard rules)
- ✓ Laboratory Information System (LIS)
- ✓ Sample accessioning
- ✓ Biomedical waste management

Languages

English · Professional | Bengali · Native | Hindi · Fluent

Core skills

- Accuracy
- Turnaround time focus
- Documentation for NABL
- Teamwork
- Infection control