Anju Mathew

Staff Nurse (B.Sc Nursing)

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Personal statement

Registered staff nurse with 4 years of experience in medical-surgical wards of 300+ bed NABH-accredited hospitals. Skilled in medication administration, IV cannulation, post-operative care, patient education and accurate nursing documentation on HIS. Registered with the Kerala Nurses and Midwives Council and BLS/ACLS certified.

Certifications

Registered Nurse and Registered Midwife, Kerala Nurses and Midwives Council · KNMC — Aug 2022

Basic Life Support (BLS) Provider · AHA-authorised training centre — Feb 2025

Advanced Cardiovascular Life Support (ACLS) Provider · AHA-authorised training centre — Feb 2025

Work experience

Staff Nurse, Medical-Surgical Ward · Periyar Multispeciality Hospital, Kochi — Apr 2023 – Present

- Provide direct care to 8–10 patients per shift in a 42-bed medical-surgical ward, including vitals, wound care, catheter care and post-operative monitoring.
- Administer oral, IV and IM medications following the five rights, with zero medication errors reported in 2 consecutive NABH internal audits.
- Use SBAR handovers at shift change and maintained nursing notes on the hospital HIS, helping the ward score 96% in documentation audits.
- Trained 6 newly joined nurses on IV cannulation, fall-risk assessment and Braden scale scoring during their induction month.

Staff Nurse · St. Gregory Mission Hospital, Kottayam — Jun 2022 – Mar 2023

- Worked rotating shifts across general medicine and orthopaedic wards caring for up to 12 patients per shift.
- Prepared patients for surgery, completed pre-operative checklists and assisted with discharge teaching for families.
- Responded to 15+ code blue events as part of the ward team, performing CPR and maintaining the crash cart.

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Education

B.Sc Nursing in Nursing · Government College of Nursing, Thrissur — 2018 – 2022
Grade: 74%

Skills

- ✓ Medication administration
- ✓ IV cannulation
- ✓ Wound care and dressing
- ✓ Vital signs monitoring
- ✓ Post-operative care
- ✓ Nursing documentation (HIS)
- ✓ Infection control
- ✓ Patient education

Languages

English · Professional | Malayalam · Native | Hindi · Conversational

Core skills

- Patient safety
- SBAR handover
- Code blue response
- Teamwork
- Time management